



NEWPORT TO CWM CONNELL

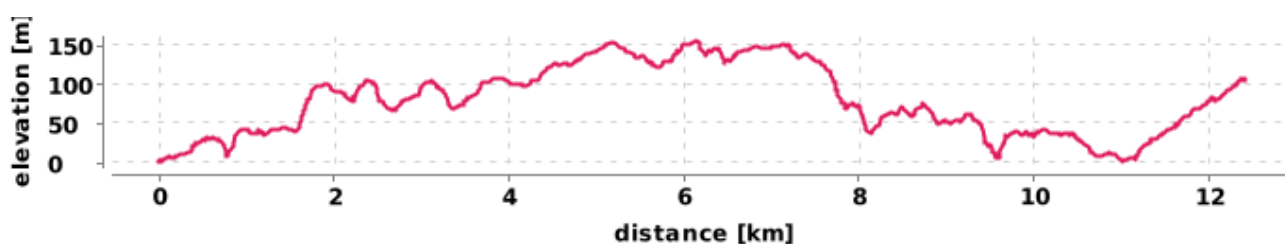
## Route Information

Newport to Cwm Connell

### Route Summary

Total Distance **12.43 km (7.72 mi)**  
 Elevation **2 m at lowest point**  
**155 m at highest point**  
 Total Ascent **618 m**

### Elevation Profile



### Route Card

| #  | OS Grid Ref       | Dist from start | Latitude     | Longitude    | Elevation    |
|--|-------------------|-----------------|--------------|--------------|--------------|
| 1  | <b>SN 054 405</b> | <b>0 km</b>     | 52° 1' 45" N | 4° 50' 16" W | <b>2 m</b>   |
| Dist to next: <b>12.43 km</b> , Ascent to next: <b>104 m</b> |                   |                 |              |              |              |
| 2  | <b>SN 118 460</b> | <b>12.43 km</b> | 52° 4' 50" N | 4° 44' 47" W | <b>106 m</b> |