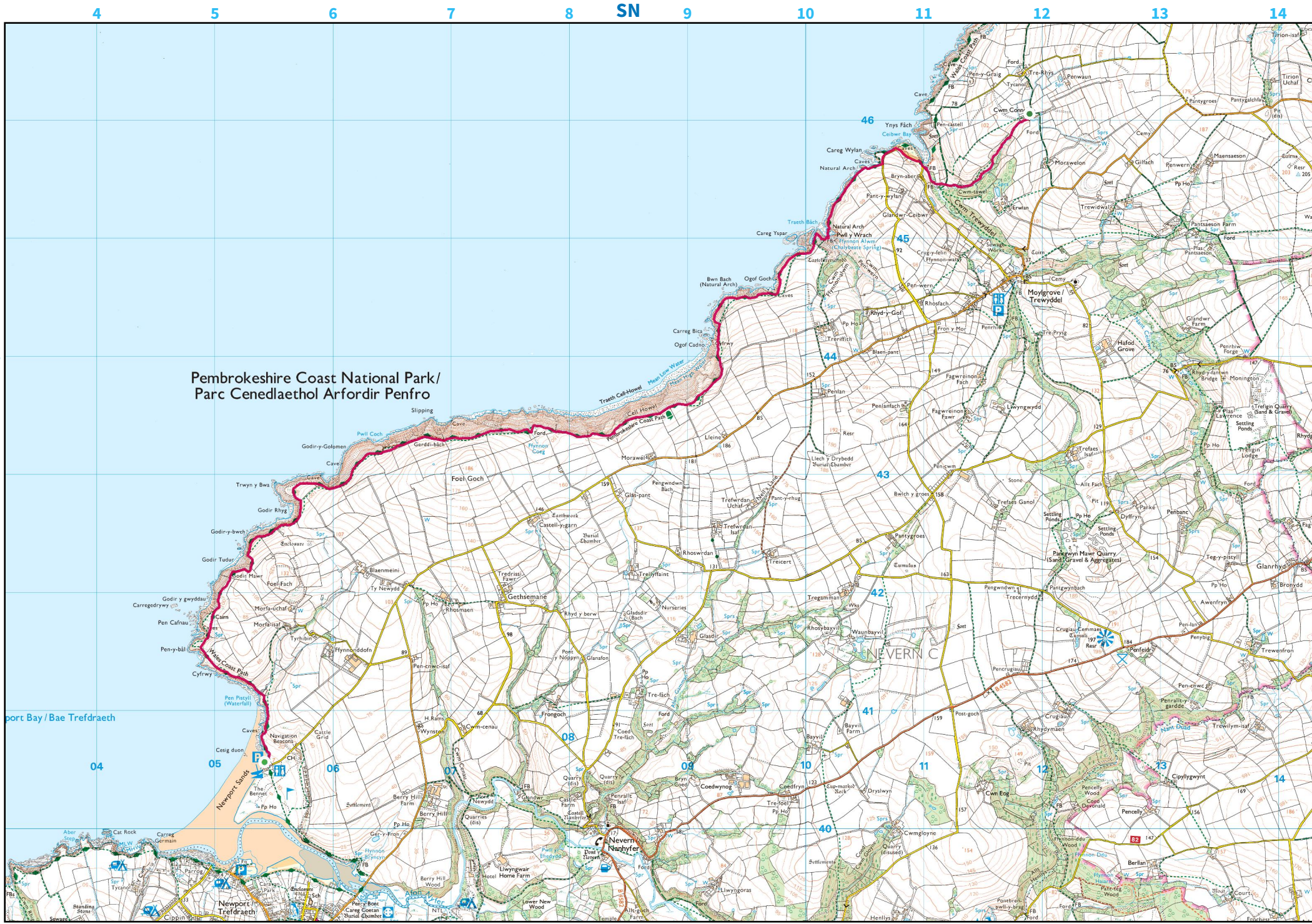




Pembrokeshire Coast National Park/
Parc Cenedlaethol Arfordir Penfro

NEWPORT TO CWM CONNELL

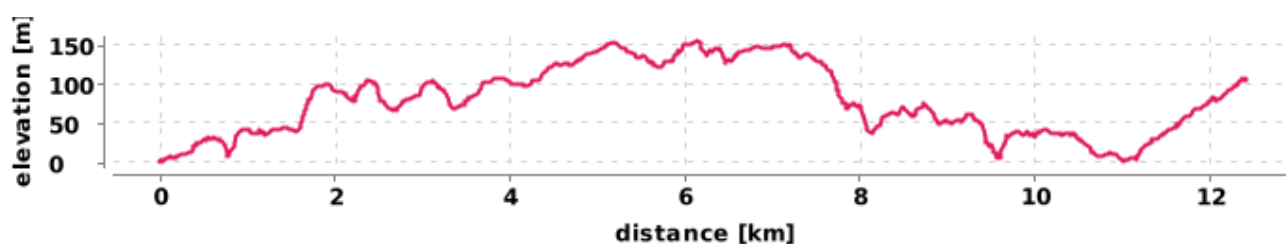
Route Information

Newport to Cwm Connell

Route Summary

Total Distance **12.43 km (7.72 mi)**
 Elevation **2 m at lowest point**
155 m at highest point
 Total Ascent **618 m**

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
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