

CASTELL HENLLYS & PENGELLI FOREST LOOP

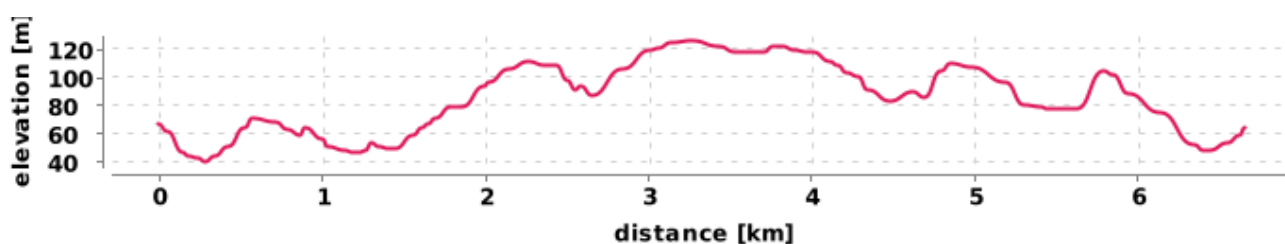
Route Information

Castell Henllys & Pengeli Forest Loop

Route Summary

Total Distance **6.66 km (4.14 mi)**
 Elevation **40 m at lowest point**
126 m at highest point
 Total Ascent **225 m**

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SN 116 391	0 km	52° 1' 7" N	4° 44' 48" W	67 m
Dist to next: 6.66 km , Ascent to next: -2 m					
2	SN 116 391	6.66 km	52° 1' 7" N	4° 44' 47" W	65 m