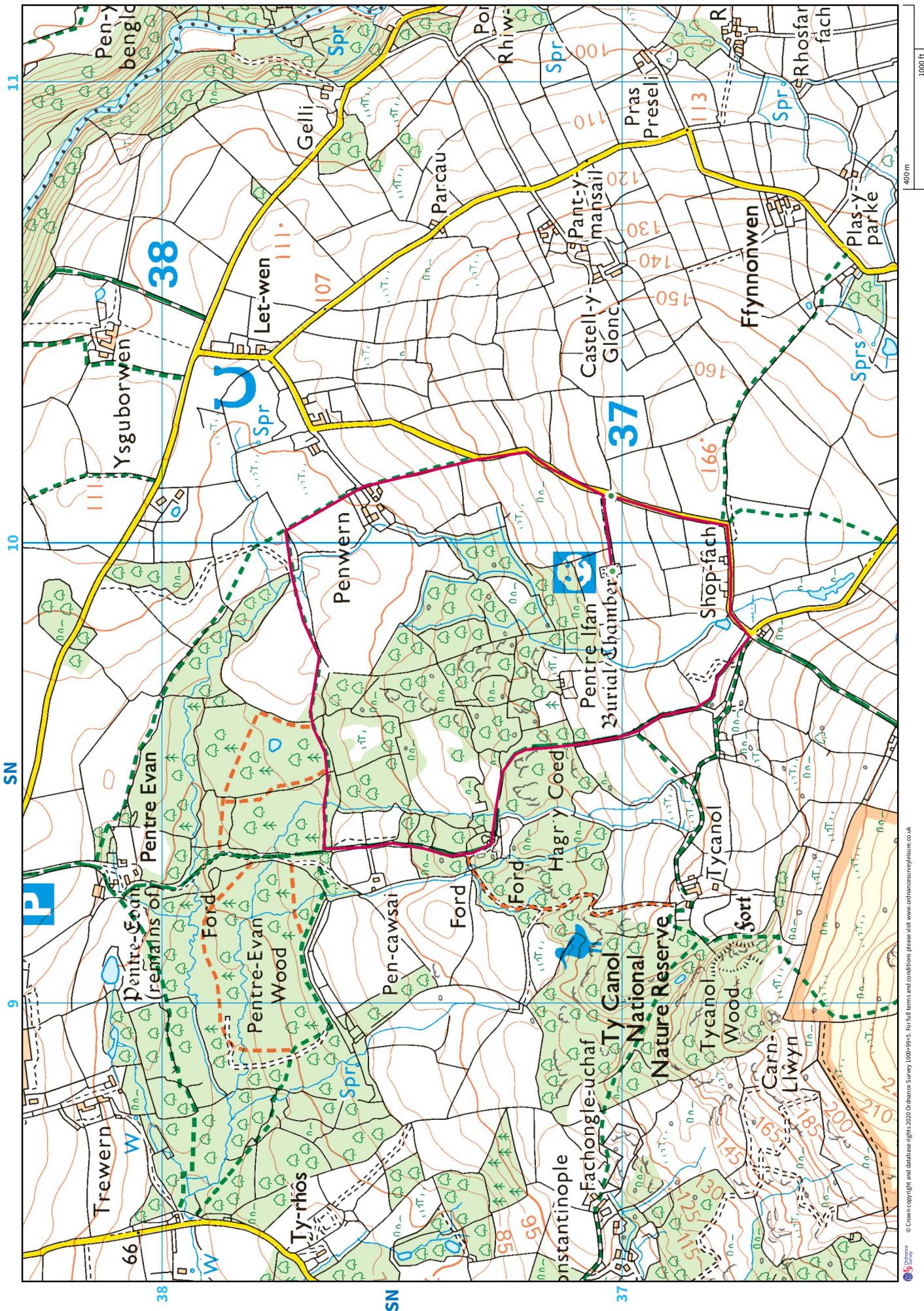


PENTRE IFAN AND TY CANOL WOODS



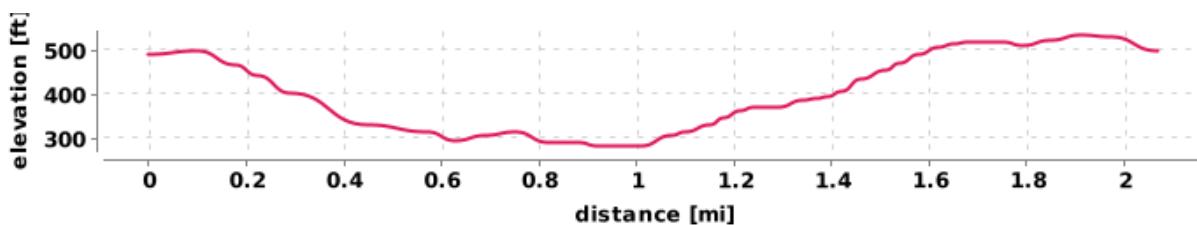
Route Information

Pentre Ifan and Ty Canol Woods

Route Summary

Total Distance	2.07 mi (3.33 km)
Elevation	282 ft at lowest point 533 ft at highest point
Total Ascent	288 ft

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SN 099 370	0 mi	51° 59' 56" N	4° 46' 12" W	492 ft
Dist to next: 2.07 mi , Ascent to next: 8 ft					
2	SN 101 370	2.07 mi	51° 59' 56" N	4° 46' 3" W	500 ft